

LUNCH

SUNDAY, FEBRUARY 22, 2026

CHICKEN FRAICHE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	878mg	28g	17g	9g	85mg	0g

ROAST BEEF



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
269	450mg	29g	17g	0g	98mg	1g

BREADED SHRIMP



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
260	750mg	9g	15g	12g	65mg	0g

RED BEANS AND RICE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
120	534mg	5g	3g	18g	0mg	6g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

SUNDAY, FEBRUARY 22, 2026

tortilla

BEEF TACO



GF corn tortilla available

CALORIES 345	SODIUM 1060mg	PROTEIN 25g	FAT 18g	CARBS 21g	CHOLESTEROL 60mg	FIBER 2g
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tortilla

CHICKEN FAJITA



GF corn tortilla available

CALORIES 210	SODIUM 840mg	PROTEIN 20g	FAT 5g	CARBS 21g	CHOLESTEROL 45mg	FIBER 2g
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tortilla

VEGGIE FAJITA



GF corn tortilla available

CALORIES 105	SODIUM 450mg	PROTEIN 7g	FAT 4g	CARBS 10g	CHOLESTEROL 0mg	FIBER 4g
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contains wheat



contains egg



contains milk



vegetarian



vegan



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contains fish



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contains nuts



ask about allergen